# **Community Resources for your Family in Oak Park**

# If you live in any of the following situations, you may qualify for services:

- Doubled up with other people due to loss of housing or economic hardship
- In a motel due to the lack of adequate alternative accommodation
- In a car, park, abandoned building, or bus or train station
- In a shelter

## **Crisis Services**

Housing Crisis – Eviction Prevention, Rental Assistance, Emergency Shelter

### **Homeless Prevention**

Call Center (877) 426-6515 (pre-screening)

### **Housing Forward**

www.housingforward.org (708) 3338-1724 6634 W Roosevelt Rd. Oak Park, IL 60304 Housing Forward provides rental assistance, short term stabilization and services to resolve a financial or rental housing crisis situations.

### Emergency Shelter Locations

www.housingforward.org/ get-help Housing Forward provides overnight shelters that include dinner, breakfast and a sack lunch to go.

### Sarah's Inn

www.sarahsinn.org (708) 386-4225 Sarah's Inn offers intervention services, individual advocacy, counseling, support and education groups, life skills development, legal advocacy, art therapy for domestic violence victims.

### Free Lunch & Food Pantry Services

Your children are eligible to receive a free lunch each day and if the district provides a breakfast program that will be free of charge.

### Oak Park River Forest Food Pantry

www.oprffoodpantry.org (708) 386-1324 848 Lake St. Oak Park, IL 60302 Oak Park River Forest Food Pantry provides hunger relief for the community.

### **Distribution Days**

Saturdays: 9 AM – 12 PM; 1st Wednesday of the month: 7 PM – 8:30 PM; 2nd, 3rd, 4th and 5th Wednesday of the month: 3:30 PM – 5 PM

## Services

### New Moms

intake@newmoms.org (773) 252-3253 x128 5317 W Chicago Ave. Chicago, IL 60651 New Moms offers two-week job training for young moms, ages 16-24.

### African American Christian Foundation

aacfworks.org (708)848-1700 6707 W North Ave. Oak Park, IL 60302 ACF Employments services offers a Workforce Training Program.

### **Housing Forward**

www.housingforward.org (708) 338-1724 x301 6634 W Roosevelt Rd. Oak Park, IL 60302 One-on-one job coaching, job search assistance and resume development for adult job seekers; five-week classroom setting Career Passport program for adults.

# Health & Mental Health Services

www.yemba-inc.org (773) 842-5022 This program mentoring provides mentoring services to at-risk youth for substance use, mental health needs, homelessness, and school resistive and refusal behaviors.

### **Presence Behavioral Health**

www.presencehealth.org (708) 786-8548 Presence Behavioral Health offers in home community based treatment, individual, group and family mental health and substance abuse services, social skills group.

### **Thrive Counseling Center**

www.thrivecc.org (708) 383-7500 120 S Marion St. Oak Park, IL 60302 Thrive Counseling Center provides adult therapy and youth therapy services.

### TASC - Strive for Success

www.tasc.org (224) 423-4588 49 Lake St. Oak Park, IL 60302 The Strive for Success (SFS) program supports reinforcing systems of care and behavioral health services for minority residents in Oak Park

### Oak Park Township Youth Services

www.oakparktownship.org (708) 445-2727 105 S Oak Park Ave. Oak Park, IL 60302 Youth Intervention Program intervenes in the lives of schoolage youth who are involved with violence, drug or alcohol use or abuse or gang activity.

### **Children's Clinic**

info@childrensclinicniws.org (708) 848-0528 320 Lake St. Oak Park, IL 60302 You may qualify for medical and dental services if you have insurance. Visit the website or call for more information about qualifying insurance. Additionally, you can choose a plan online at www.enrollhfs.illinois.gov/enroll or via phone (877) 912-8880.

### Oak Park Public Library

rsimmons@oppl.org (708) 697-6910 Referral-based health and mental-health advocacy and support.

**The Oak Park Homelessness Coalition (OPHC)** consists of 30-plus organizations working to end homelessness in Oak Park by making it rare, brief and one time. Represented by government, healthcare, businesses, faith-based groups, school districts, social service agencies and non-profits, OPHC meets quarterly to educate the community, develop and implement a plan and take action to help those who are homeless or in danger of becoming homeless.

### OAK PARK HOMELESSNESS COALITION

endhomelessnessoakpark.com
f OakParkHomelessnessCoalition

# **Community Resources for your Family in Oak Park**

## Family Support Services

### Presence Behavioral Health

www.presencehealth.org (708) 786-8548 This program offers training for parents and siblings.

#### **Smart Love Family Services**

www.smartlovefamily.org (773) 665-8502 Rush Medical Office Building 610 S Maple, Oak Park, IL 60304 Smart Love Family Services provides parent training and support for children at risk of developing behavior and learning difficulties in school.

### Hephzibah Children's Association

hephzibahhome.org/what-we-do (708) 649-7100 1144 Lake St., 5th Floor, Oak Park, IL 60301 Helps strengthen and stabilize families that are experiencing crisis or stress, alleviate short term financial crisis, assist with enrichment activities for children and tutoring and respite services through a volunteer program.

### **New Moms**

intake@newmoms.org (773) 252-3253 x128 405 S Euclid Ave. Oak Park, IL 60302 5317 W Chicago Ave. Chicago, IL 60651 New Moms offers free parent education workshops with free childcare that cover a wide range of early childhood parenting topics.

### **Employment Services**

### **Housing Forward**

www.housingforward.org (708) 338-1724 x301 6634 W Roosevelt Rd. Oak Park, IL 60302 One-on-one job coaching, job search assistance and resume development for adult job seekers; five-week classroom setting Career Passport program for adults.

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### Before & After School Programming & Tutoring

### West Cook YMCA

www.westcookymca.org Y-Kids: DCFS-licensed before and after-school recreation program for children grades K-6. Provides transportation to and from area school. Pick-up times vary per school. Please inquire about bus service at District 97 or 91 before registering. Available Monday-Friday from 7 AM – 9 AM and from school dismissal until 7 PM.

### Park District of Oak Park

www.pdop.org/programs/ schools-out Indoor and outdoor learning experiences and activities such as group games and sports, as well as time to relax, read, do homework and participate in quiet activities like arts and crafts and table games. An after school

### **Cluster Tutoring**

snack will be provided.

info@clustertutoring.org (773) 378-5530 Cluster Tutoring provides free one-to-one tutoring to more than 100 students. Each tutor is matched with a student and the pair works together during the school year to prepare for a successful academic career.

### Hephzibah Children's Association

www.hephzibahhome.org/ what-we-do/day-care (708) 649-7113 Hephzibah offers a day care program for children grades K-5 after school, on school holidays and during the summer months. After-School Day Care is provided Monday, Tuesday, Thursday and Friday during the school year 2:55 PM – 6 PM; Wednesdays 1:55 PM – 6 PM.

# Children's Resources

intake@newmoms.org (773) 252-3253 x128 405 S Euclid Ave. Oak Park, IL 60302 New Moms provides home visiting services for children birth to five years of age.

### Hephzibah Children's Association

www.hephsibah.org (708) 649-7101 946 North Blvd. Oak Park, IL 60302 Head Start Center for three-five years of age, Early Head Start Home Visiting Program for pregnant moms and children up to age three. No charge to families that are accepted into the Hephzibah Head Start program.

### The Collaboration for Early Childhood

www.collab4kids.org (708) 613-6122 123 Madison St. Oak Park, IL 60302 Children under the age of five may qualify for educational services. Call to find out about Preschool or Head Start programs, home visiting programs, child care or information about your child's development.

### Easterseals – Partnering with Parents

www.easterseals.com (708) 434-2560 120 Madison St. Oak Park, IL 60302 Estereals supports pregnant moms and families with children up to age three through home visits, referrals for services and social connections, living in Oak Park or River Forest. No Charge.

**The Oak Park Homelessness Coalition (OPHC**) consists of 30-plus organizations working to end homelessness in Oak Park by making it rare, brief and one time. Represented by government, healthcare, businesses, faith-based groups, school districts, social service agencies and non-profits, OPHC meets quarterly to educate the community, develop and implement a plan and take action to help those who are homeless or in danger of becoming homeless.

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