About this Guide

In collaboration with the Village of Oak Park, the Community Mental Health Board and Oak Park and River Forest Townships have taken the lead to provide community resources due to the recent escalation of outbreaks of the COVID-19 virus. The organizations listed are accepting clients and providing resources to all residents during this time. This guide is intended to be used for informational purposes only and does not constitute a recommendation or endorsement to any particular group or service. This guide does not constitute legal or health advice and is subject to change without notice.

If you are looking for additional information that may not be listed in this guide, please visit the following sites:

- The Hub at www.healthconnectionhub.org.
- The Village of Oak Park www.oak-park.us/
- Oak Park Township www.oakparktownship.org/
- Village of River Forest https://www.vrf.us/index.html
- River Forest Township http://www.riverforesttownship.org/
- Oak Park Public Library www.oppl.org/
- Park District of Oak Park https://www.pdop.org/
- The Illinois Department of Public Health (IDPH) www.dph.illinois.gov/
- The Center for Disease Control www.cdc.gov/

For specific questions and concerns about resources that are not addressed by the above websites or the agencies listed in this guide, the following Task Force directors can be contacted:

Lisa DeVivo, CMHB Executive Director, ldevivo@cmhb-oakpark.org
Gavin Morgan, Oak Park Township Manager, gmorgan@oakparktownship.org
Carla Sloan, River Forest Township Supervisor, cbsloan.rftownship@gmail.com
Megan Traficano, OPT Youth Services Director, mtraficano@oakparktownship.org
Pam Mahn, OPT Senior Services Director, Pam@oakparktownship.org
<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Organization</th>
<th>Accepting New Clients?</th>
<th>Contact Information</th>
<th>Hours of Operation</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Comprehensive Mental Health Services</td>
<td>Riveredge Hospital</td>
<td>Yes</td>
<td>Assessment &amp; Referral Department Ph: 708-209-4181</td>
<td>24/7</td>
<td>Services are currently available in person with precautions in place for illness screening and social distancing. Call to learn more.</td>
</tr>
<tr>
<td>Comprehensive Social Services</td>
<td>Catholic Charities</td>
<td>Yes</td>
<td>Ph: 312-655-7725</td>
<td>9am-5pm</td>
<td>Counselors and Advocates available for remote appointments via phone, videoconferencing and email/text. Remote Intake appointments</td>
</tr>
<tr>
<td>Domestic Violence Services</td>
<td>Sarah’s Inn</td>
<td>Yes</td>
<td>Crisis Line: 708-386-4225 Text Line: 708-792-3120</td>
<td>24/7</td>
<td>Drop in Center group conference call daily (except Sunday) 2-3 pm, and at 5-6 pm. Conference call Ph:712-451-0200 code 468492#. Support is also available via Facebook, send request to NAMITorpe to join.</td>
</tr>
<tr>
<td>Mental Health Virtual Drop-in Center</td>
<td>NAMI Metro Suburban</td>
<td>Yes</td>
<td>Charles Email: <a href="mailto:torpe@namimetsub.org">torpe@namimetsub.org</a></td>
<td>MWF 1-7pm T/TH 3-7p Sat/Sun 2-6p</td>
<td>n/a</td>
</tr>
<tr>
<td>Psychiatry</td>
<td>Thrive Counseling Center</td>
<td>Yes</td>
<td>Ph: 708-383-7500</td>
<td>by appointment</td>
<td>n/a</td>
</tr>
<tr>
<td>Service Locator</td>
<td>The Hub</td>
<td>n/a</td>
<td><a href="http://www.healthconnectionhub.org">www.healthconnectionhub.org</a></td>
<td>24/7</td>
<td>n/a</td>
</tr>
<tr>
<td>Tele-Health</td>
<td>Amita Behavioral Health</td>
<td>Yes</td>
<td>Ph: 708-410-0615</td>
<td>by appointment</td>
<td>n/a</td>
</tr>
<tr>
<td>Tele-Health</td>
<td>DePaul University, Family and Community Services</td>
<td>Yes</td>
<td>Dr. Orson Morrison Ph: 773-325-7787</td>
<td>by appointment</td>
<td>D97 Families Only (Brooks/Julian)</td>
</tr>
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<td>Tele-Health</td>
<td>Thrive Counseling Center</td>
<td>Yes</td>
<td>Ph: 708-383-7500</td>
<td>by appointment</td>
<td>n/a</td>
</tr>
<tr>
<td>Tele-Health</td>
<td>Youth Services-Interventionists</td>
<td>Yes</td>
<td>Megan Traficano Ph: 708-622-8535 Email: <a href="mailto:mtraficano@oakparktownship.org">mtraficano@oakparktownship.org</a></td>
<td>9am-5pm</td>
<td>Ages 6-18 years old</td>
</tr>
<tr>
<td>Text Message Support</td>
<td>Support4U - District 97</td>
<td>n/a</td>
<td>Text: Hope to 844-670-5838</td>
<td>24/7</td>
<td>n/a</td>
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<tr>
<td>Text Message Support</td>
<td>Support4U - District 200</td>
<td>n/a</td>
<td>Text: Care to 844-670-5838</td>
<td>24/7</td>
<td>n/a</td>
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<tr>
<td>Text Message Support</td>
<td>Support4U - District 90</td>
<td>n/a</td>
<td>Text: Safe to 844-670-5838</td>
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<tr>
<td>Food</td>
<td>Beyond Hunger</td>
<td>Yes</td>
<td>848 Lake Street. Oak Park</td>
<td>Ph:708-386-1324  Email: <a href="mailto:info@gobeyondhunger.org">info@gobeyondhunger.org</a></td>
<td>1st Wednesday of every month - 6:00-7:30PM All other Wednesdays - 3:30-5:00PM Saturday's 9:00AM-12:00PM</td>
</tr>
<tr>
<td>Mental Health Drop-In Center</td>
<td>Amita</td>
<td>n/a</td>
<td>Westchester</td>
<td>Ph: 708-410-0615</td>
<td>Monday,Wed, Fri: 9am to 5pm, Tues &amp; Thurs: 11am to 7pm, Sat: 9am to 12 noon, Sun: 12pm to 4pm</td>
</tr>
<tr>
<td>Mental Health Level of Care Assessments and Crisis Support</td>
<td>Riveredge Hospital</td>
<td>Yes</td>
<td>8311 W Roosevelt Rd, Forest Park, IL 60310</td>
<td>Assessment &amp; Referral Department Ph: 708-209-4181</td>
<td>Open 24/7 for Level of Care Assessments and crisis support. Call for more information about specific programs.</td>
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<td>Service Locator</td>
<td>The Hub</td>
<td>n/a</td>
<td>n/a</td>
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| Crisis Hotline                                  | Thrive Counseling Center      | Yes                    | Elaine Phillips  
Ph: 708-383-7500                     | 24/7, No walk-ins                      |
| Crisis Hotline                                  | Youth Outreach Services       | Yes                    | Ph: 773-777-7112                          | 24/7                               |
| Domestic Violence                               | Sarah’s Inn                   | n/a                    | Crisis Hotline: 708-386-4225  
Text: 708-792-3120                     | 24/7                               |
| General Assistance                              | Oak Park Township             | Yes                    | April Dugal  
Email: adugal@oakparktownship.org      | 9 to 5 pm  
No walk-ins  
No face-to-face interviews  |                                        |
| Level of Care Assessments for Behavioral Health Crisis | Riveredge Hospital            | Yes                    | Assessment & Referral Department  
Ph: 708-209-4181                     | 24/7                               |
<p>| Mental Health Care                              | Amita Behavioral Health       | n/a                    | Ph: 708-681-4357                          | 24/7                               |
| Service Locator                                 | The Hub                       | n/a                    | <a href="http://www.healthconnectionhub.org">www.healthconnectionhub.org</a>              | n/a                                |
| Text Message Support                            | Support4U - District 97       | n/a                    | Text: Hope to 844-670-5838                | n/a                                |
| Text Message Support                            | Support4U - District 200      | n/a                    | Text: Care to 844-670-5838                | n/a                                |
| Text Message Support                            | Support4U - District 90       | n/a                    | Text: Safe to 844-670-5838                | n/a                                |
| Virtual Crisis Support                          | NAMI Metro Suburban           | Yes                    | Broadview &amp; La Grange, telephone only     | Ph: 708-582-6434                   |</p>
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<td>Inpatient/Outpatient Adult/Adolescent Substance Use Disorders</td>
<td>Rosecrance Health Network</td>
<td>Yes</td>
<td>Mary Egan Email: <a href="mailto:megan@rosecrance.org">megan@rosecrance.org</a> Intake Line Ph: 815-391-1000 <a href="http://www.rosecrance.org">www.rosecrance.org</a></td>
<td>24/7</td>
</tr>
<tr>
<td>Outpatient and Residential Care - Substance &amp; Gambling Use Disorders</td>
<td>Way Back Inn</td>
<td>Yes</td>
<td>Rob Heldman Email: <a href="mailto:robh@waybackinn.org">robh@waybackinn.org</a> Ph: 708-345-8422 ext 32.</td>
<td>Mon-Fri 9-5pm intakes/phone screen Gambling groups: Tuesday 6-8pm Wednesday 6-8pm Video conference/phone only</td>
</tr>
<tr>
<td>Outpatient Substance Use Treatment - Medication Assisted and Group Therapy</td>
<td>Presence-Amita</td>
<td>Yes</td>
<td>Intake Line Ph: 708-410-0615</td>
<td>Mon-Fri</td>
</tr>
<tr>
<td>Partial Hospitalization Program with Residential Component-Adult Substance Use Disorders</td>
<td>Riveredge Hospital</td>
<td>Yes</td>
<td>Dana Cibulka Email: <a href="mailto:dana.cibulka@uhsinc.com">dana.cibulka@uhsinc.com</a> Ph: 708-771-7000 <a href="http://www.riveredgehospital.com">www.riveredgehospital.com</a></td>
<td>24/7</td>
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<td><a href="http://www.healthconnectionhub.org">www.healthconnectionhub.org</a></td>
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<td>Email: <a href="mailto:info@gobeyondhunger.org">info@gobeyondhunger.org</a> Ph: 708-386-1324</td>
<td>1st Wednesday of every month- 6:00-7:30PM All other Wednesdays - 3:30-5:00PM Saturdays 9:00AM-12:00PM</td>
</tr>
<tr>
<td>Food</td>
<td>New Life Ministries</td>
<td>Yes</td>
<td>Ph: 773-640-0919</td>
<td>Thursday: 10:00 am - 12:00 pm Friday: 5:30-7:30 pm</td>
</tr>
<tr>
<td>Service Locator</td>
<td>The Hub</td>
<td>n/a</td>
<td><a href="http://www.healthconnectionhub.org">www.healthconnectionhub.org</a></td>
<td>24/7</td>
</tr>
<tr>
<td>Shelter</td>
<td>Alliance to End Homelessness</td>
<td>Yes</td>
<td>Sharon Gibson Ph: (708) 236-3261</td>
<td>n/a</td>
</tr>
<tr>
<td>Shelter-Coordinated Entry</td>
<td>Housing Forward</td>
<td>Yes</td>
<td>Ph: 708-338-1724</td>
<td>24/7</td>
</tr>
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<tr>
<td>Adult Protective Services</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Bianca Ingwersen Ph: 708-227-8714</td>
<td>9am- 5pm</td>
</tr>
<tr>
<td>Caregiver Support</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Calvin Berg Ph: 708-383-8060 x.116</td>
<td>9am- 5pm</td>
</tr>
<tr>
<td>Case Management</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Bianca Ingwersen Ph: 708-383-8060 x.149</td>
<td>9am- 5pm, Intake Needed</td>
</tr>
<tr>
<td>Congregate Meal (Pickup)</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Madeline Pietryla Ph: 708-383-8060 x.</td>
<td>11am-1pm, Walk-in</td>
</tr>
<tr>
<td>Errand Assistance</td>
<td>Volunteer Care Corps/RF Township</td>
<td>Yes</td>
<td>Township Senior Services (weekdays) Ph: 708.383.8060 Senior Response Team (evenings and weekends) Email: <a href="mailto:rfseniorhelp@gmail.com">rfseniorhelp@gmail.com</a></td>
<td>24/7</td>
</tr>
<tr>
<td>Health Insurance Counseling</td>
<td>Age Options</td>
<td>Yes</td>
<td>Ph: 708-383-0258</td>
<td>9am- 5pm</td>
</tr>
<tr>
<td>Health Insurance Counseling</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Christine Brooks Ph: 708-383-8060 x118</td>
<td>9am- 5pm</td>
</tr>
<tr>
<td>Home Delivered Meals</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Bianca Ingwersen Ph: 708-383-8060 x. 149</td>
<td>9am- 3pm, Intake needed</td>
</tr>
<tr>
<td>Information and Assistance</td>
<td>Age Options</td>
<td>Yes</td>
<td>Ph: 708-383-0258</td>
<td>9am- 5pm</td>
</tr>
<tr>
<td>Information and Assistance</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Catherine Rison Ph: 708-383-8060</td>
<td>9am- 5pm</td>
</tr>
<tr>
<td>Information</td>
<td>Illinois Dept. on Aging</td>
<td>Yes</td>
<td>Ph: 800-252-8966</td>
<td>8:30am- 5pm</td>
</tr>
<tr>
<td>Medication delivery</td>
<td>CVS</td>
<td>Yes</td>
<td>Ph: 708-386-2157</td>
<td>9am- 9pm</td>
</tr>
<tr>
<td>Medication delivery</td>
<td>Walgreens</td>
<td>Yes</td>
<td>Ph: 708-383-9009</td>
<td>9am- 9pm</td>
</tr>
<tr>
<td>Transportation</td>
<td>OP/RF Townships Senior Services</td>
<td>Yes</td>
<td>Lori Strong Ph: 708-383-4806</td>
<td>8am- 4pm, Medical Appts. only</td>
</tr>
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<tr>
<td>12-Step Support Groups</td>
<td>Amita Behavioral Health</td>
<td>Yes</td>
<td>Ph: 708-410-0615</td>
<td>by appointment</td>
</tr>
<tr>
<td>12-Step Support Groups-Remote</td>
<td>Alcoholics Anonymous</td>
<td>Yes</td>
<td><a href="https://www.chicagoaa.org/remote-online-meetings/">https://www.chicagoaa.org/remote-online-meetings/</a></td>
<td>n/a</td>
</tr>
<tr>
<td>Family Support-Virtual Group</td>
<td>NAMI Metro Suburban</td>
<td>Yes</td>
<td>Trina Email: <a href="mailto:Familysupport@namimetsub.org">Familysupport@namimetsub.org</a> Ph: 708-524-2582 ext. 108</td>
<td>Tuesday's at 7pm Send request to join the group to the listed email Facebook message NAMIBockus to be added to group</td>
</tr>
<tr>
<td>Mental Illness Support-Phone Group</td>
<td>NAMI Metro Suburban</td>
<td>Yes</td>
<td>Conference Call Ph: 712-451-0200 Code: 468942#</td>
<td>Every Saturday 12:30-2p 1st and 3rd Sunday 6-7:30pm 2nd and 4th Tuesday 6-7:30pm</td>
</tr>
<tr>
<td>Service Locator</td>
<td>The Hub</td>
<td>n/a</td>
<td><a href="http://www.healthconnectionhub.org">www.healthconnectionhub.org</a></td>
<td>n/a</td>
</tr>
<tr>
<td>Support Hotline</td>
<td>Illinois Gambling Hotline</td>
<td>Yes</td>
<td>Ph:1-800-Gambler Text: ILGAMB to 53342 weknowthefeeling.org</td>
<td>24/7</td>
</tr>
<tr>
<td>Support Hotline</td>
<td>National Suicide Prevention Lifeline</td>
<td>Yes</td>
<td>1-800-273-8255</td>
<td>24/7</td>
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<td>n/a</td>
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